

OCTOBER 2024





### WEEK 1

15TH APR . 13TH MAY

17TH JUNE . 15TH JULY

2ND SEPT . 30TH SEPT

### WEEK 2

22ND APR . 20TH MAY

24TH JUNE . 22ND JULY

9TH SEPT . 7TH OCT

## WEEK 3

29TH APR . 3RD JUNE

1ST JULY . 16TH SEPT

**14TH OCT** 

# WEEK 4

6TH MAY . 10TH JUNE

8TH JULY . 23RD SEPT

21ST OCT

Selection of Salads 9. Homemade Bread 1.3.7.9.

and celeriac. Please discuss with your manager.

Some of our schools may use pre prepped potatoes or

**VG** Vegan **V** Vegetarian

**AVAILABLE DAILY:** 

KEY:

#### MONDAY

Cheese & Tomato Pinwheel 1.7 V Vegetable Pie 1VG Jackets with a Choice of Toppings 7.8.9

Baked Potato Wedges, Peas, Carrots

Peach Sponge 1.9 & Custard 7 Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

> Chicken Pie 1 Pesto Pasta Bake 1.7 V Jackets with a Choice of Toppings 7,8,9

**New Potatoes. Seasonal Vegetables** 

Ice Cream 7. Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

**Sweet Chicken Curry** Cheesy Pasta 1.7 V Jackets with a Choice of Toppings 7,8,9

Rice, Seasonal Vegetables, Herby Bread 1,3,7,9

Apple Crumble 1 VG & Custard 7. Mr Nourish Biscuit 1 VG Yoghurt 3.7. Fruit Pots VG

> Jerk Chicken Tomato & Herb Pasta 1 VG Jackets with a Choice of Toppings 7,8,9

Sunshine Rice, Cauliflower, Carrots

Ice Cream 7. Mr Nourish Biscuit 1 VG Yoghurt 3.7. Fruit Pots VG

Allergen

#### TUESDAY

Beef & Onion Pie 1 Cheesy Pasta Twists 1,7 V **Jackets with a Choice of Toppings 7,8,9** 

New Potatoes. Seasonal Vegetables

Strawberry Mousse 7, Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

**BBO Pulled Chicken Loaded Wedges** Herby Tomato Penne Pasta 1 VG Jackets with a Choice of Toppings 7,8,9

**Sweetcorn. Courgettes** 

Chocolate Puddina 1.9 & Chocolate Sauce 7 Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

Sausage Roll 1.6 **Ouorn Sausage & Gravy 1 VG** Jackets with a Choice of Toppings 7,8,9

Mashed Potato Raked Reans Broccoli

Banana & Toffee Cake 1.7.9. Mr Nourish Biscuit 1 VG Yoghurt 3.7. Fruit Pots VG

Singapore Noodles 1,3,16 VG

Cheese & Onion Potato Parcel 1.7 V Jackets with a Choice of Toppings 7,8,9

**New Potatoes, Seasonal Vegetables** 

Jam Tart 1.6 VG & Custard 7. Mr Nourish Biscuit 1 VG Yoghurt 3.7. Fruit Pots VG

#### WEDNESDAY

**Roast Chicken & Gravy** Bean Chilli with Rice 1VG

Jackets with a Choice of Toppings 7.8.9

Rustic Roast Potatoes, Broccoli, Sweetcorn

Cornflake Cookie 1.7. Mr Nourish Biscuit 1 VG **Yoghurt 3,7, Fruit Pots VG** 

**Roast Turkey & Gravy BBO Vegetable Burrito 1 VG** Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes, Cabbage, Carrots

Fruit Jelly VG. Mr Nourish Biscuit 1 VG **Yoghurt 3,7, Fruit Pots VG** 

**Roast Chicken & Gravy** 

Vegetable Wrap 1VG Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes, Green Beans, Carrots

Crispy Cake 3,7,16, Mr Nourish Biscuit 1 VG Yoghurt 3.7. Fruit Pots VG

**Roast Chicken & Gravy** Vegetable Toad in The Hole 1,7,9 V Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes, Cabbage, Peas

Fruit Jelly VG. Mr Nourish Biscuit 1 VG **Yoghurt 3.7. Fruit Pots VG** 

# **THURSDAY**

Chicken Faiitas 1.4 Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7.8.9

Rice, Cauliflower, Carrots

Traybake Pancake 1.7.9 & Berry or Chocolate Sauce Mr Nourish Biscuit 1 VG. Yoghurt 3.7. Fruit Pots VG

> Macaroni Cheese 1.7 V Vegetable Hot Pot 16 VG Jackets with a Choice of Toppings 7,8,9

Carrots, Green Beans, Garlic Bread 1.3.7.9

Peach Sponge 1.9. Mr Nourish Biscuit 1 VG **Yoghurt 3,7, Fruit Pots VG** 

Maraherita Pizza 1.3.7.9 V Vegetable Curry & Potatoes 1VG Jackets with a Choice of Toppings 7,8,9

New Potatoes, Sweetcorn, Peppers

Lemon Drizzle Cake 1.9. Mr Nourish Biscuit 1 VG Yoghurt 3.7. Fruit Pots VG

Penne Beef Bolognaise 1 Rice & Bean Burrito 1 VG **Jackets with a Choice of Toppings 7,8,9** 

Baked Wedges, Green Beans Sweetcorn, Garlic Bread 1.3.7.9

Beetroot Cake 1,9, Mr Nourish Biscuit 1 VG Yoghurt 3.7. Fruit Pots VG

#### FRIDAY

Maraherita Pizza 1.3.7.9 V Salmon Pasta 1.7.8

Chips, Peas, Baked Beans, Carrot Sticks

Jackets with a Choice of Toppings 7.8.9

Oaty Biscuit 1.15 VG Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1.8 Cheese & Spinach Pinwheel 1.7 V Jackets with a Choice of Toppings 7,8,9

Chips, Peas, Baked Beans, Coleslaw 9

**Ginger Biscuit 1 VG** Yoghurt 3,7, Fruit Pots VG

Chicken Rites 1 Summer Frittata 7.9 V Jackets with a Choice of Toppings 7,8,9

Chips, Peas, Baked Beans, Cucumber Sticks Caramel Cookie 1.7

Yoghurt 3.7. Fruit Pots VG

Fish Fingers 1,8 Vegetable Pastie 1 VG Jackets with a Choice of Toppings 7,8,9 Chips, Peas, Baked Beans, Coleslaw 9

Vegan Brownie 1 VG

Yoghurt 3,7, Fruit Pots VG

NON PORK 3 OPTIONS

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